

# Malmesbury Primary School



**Malmesbury**

Primary & Nursery School

## PE Policy

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| <b>Prepared by</b>                 | <b>Stephen Donegan</b>     |
| <b>Committee responsible</b>       | <b>Full Governing Body</b> |
| <b>Status</b>                      | <b>Not statutory</b>       |
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| <b>Date for review</b>             | <b>09/2028</b>             |
| <b>Signed (Chair of Governors)</b> |                            |
| <b>Signed (Headteacher)</b>        |                            |

## **1. School Vision and Ethos**

At Malmesbury Primary School, we believe that Physical Education is essential to the holistic development of every child. Our ethos promotes inclusivity, resilience, teamwork and a lifelong love of physical activity. PE supports children to become confident, healthy and active individuals who understand the importance of physical, social and emotional wellbeing.

We aim to provide an environment where all pupils:

- Feel valued and supported to participate fully.
- Enjoy PE and keeping fit.
- Experience a broad range of physical activities.
- Develop competence and confidence in physical skills.
- Understand how physical activity contributes to a healthy lifestyle.
- Learn cooperation, fairness, respect and sportsmanship.
- Build resilience.

## **2. Aims of PE at Malmesbury**

Our PE curriculum aims to:

- Deliver high-quality PE that meets and exceeds National Curriculum expectations.
- Provide two hours of high-quality provision across all year groups.
- Develop fundamental movement skills, physical literacy and sport-specific techniques.
- Promote enjoyment, engagement and positive attitudes towards physical activity.
- Support children in achieving their personal best through self-evaluation, goal setting and reflection.
- Ensure all pupils, including those with SEND, are fully included and appropriately supported.
- Foster leadership skills, teamwork and communication.
- Encourage active and healthy lifestyles in line with Chief Medical Officers' guidelines.

## **3. Curriculum Provision**

We use the *Get Set 4 PE* scheme of work to ensure progressive, structured and high-quality learning across EYFS, KS1 and KS2. The curriculum includes:

- Games
- Gymnastics

- Dance
- Athletics
- Outdoor and Adventurous Activities (OAA)
- Swimming (Years 4–6)

Progression is carefully planned so that skills, knowledge and vocabulary build year on year. Lessons focus on physical competency, tactical understanding, creativity, personal challenge and applied learning.

PE is taught by the PE Lead, class teachers and specialist coaches where appropriate. All teachers are supported by the PE Lead to ensure high standards of delivery.

#### **4. Inclusion and SEND**

Malmesbury is committed to inclusive PE. We:

- Adapt activities to ensure all pupils can access learning.
- Use differentiated tasks, equipment and outcomes.
- Work closely with the SENDCo to provide targeted support where needed.
- Aim for 120–180 minutes of physical activity per week for children with disabilities, aligning with national recommendations.

#### **5. Assessment, Recording and Reporting**

Assessment is ongoing and includes:

- Observation of skills, performance and teamwork.
- Progression statements from the *Get Set 4 PE* scheme.
- Pupil self-assessment and reflection.

Teachers record attainment termly and share relevant information with the PE Lead. PE progress is reported to parents through end-of-year reports.

#### **6. Monitoring and Evaluation**

The PE Lead monitors the quality of provision through:

- Lesson observations
- Pupil voice

- Planning scrutiny
- Participation tracking
- Feedback from staff and internal and external coaches

Findings inform training needs, resource planning and curriculum development. The PE Lead reports to the Senior Leadership Team.

## **7a. Competition and School Representation**

Malmesbury Primary School values the role that competition plays in developing confidence, resilience, teamwork and sportsmanship. Pupils are provided with opportunities to participate in a range of intra-school and inter-school competitions through our links with the Merton School Sport Partnership and local sporting organisations.

Selection for school teams and competitions is based on a range of factors, including:

- Demonstrated sporting ability and skill within the relevant activity.
- Positive attitude and effort during PE lessons and clubs.
- Consistent behaviour that reflects the school's values.
- Reliability, teamwork and respect towards others.
- Commitment to learning and completion of classwork to an appropriate standard.

We aim to provide opportunities for as many pupils as possible to experience competitive sport throughout their time at Malmesbury. Where appropriate, participation opportunities will include both competitive based and inclusive/festival events to ensure all pupils can represent the school and experience success.

All pupils representing the school are expected to act as positive ambassadors for Malmesbury Primary School and demonstrate high standards of behaviour, respect and sportsmanship.

## **7b. Extra-Curricular Sport**

Malmesbury offers a wide range of sports clubs before and after school and during lunchtimes. These include football, dance, netball, gymnastics, athletics, multi-skills and cricket. Clubs are led by school staff and qualified external coaches.

## **8. Health, Safety and Safeguarding**

We adhere to:

- School safeguarding policies
- Safe practice in PE and sport guidance
- Risk assessments for equipment, spaces and activities

Children must wear appropriate PE kit and footwear. Watches must be removed for safety, and equipment is regularly checked.

### **Risky Play and Appropriate Challenge**

Malmesbury Primary School recognises that appropriately managed risk and challenge are important parts of physical education. Opportunities for pupils to experience challenge, make decisions, test their physical skills and develop resilience can support confidence, independence and physical literacy.

Staff will provide age- and ability-appropriate opportunities for managed risky play and physical challenge, while taking reasonable steps to prevent avoidable harm. Risk will be assessed in relation to the activity, environment, equipment and individual needs of pupils. The aim is to manage risk proportionately rather than remove all risk from physical activity.

Staff will ensure that pupils understand appropriate boundaries, safety expectations and how to use equipment and spaces responsibly. Activities will be appropriately supervised, adapted where necessary, and reviewed in response to pupils' needs and circumstances, including SEND or individual risk assessments where required.

### **Physical Contact**

Some PE lessons may require a degree of physical contact between teachers and pupils. This may be necessary to provide instruction, demonstrate techniques, ensure safety, guide movement, encourage participation, or offer reassurance when appropriate.

Any physical contact during PE will always be appropriate, proportionate and in the best interests of the child. It will be conducted in a professional and respectful manner, in line with the school's safeguarding policies, staff code of conduct and safe practice guidance.

Staff will ensure that pupils are treated with dignity at all times and that contact is used only when necessary to support learning, wellbeing or safety.

## **9. Staff Continuing Professional Development (CPD)**

We value staff confidence and expertise in PE. CPD is supported through:

- Internal training led by the PE Lead
- Merton School Sport Partnership training
- Team teaching with specialist coaches

## **10. Resources and Equipment**

We provide a well-maintained selection of equipment to support all curriculum areas. The PE Lead audits resources half-termly and requests replacements or additions as needed through the purchase request order form sent to the SBM.

## **11. Partnerships**

We work closely with:

- Merton School Sport Partnership (MSSP)
- External sports coaches
- Local clubs and organisations

These partnerships enhance competition opportunities, CPD provision and pupil experience.

## **12. Review of Policy**

This policy will be reviewed by the PE Lead and Senior Leadership Team to ensure it remains aligned with current guidance, school ethos and best practice.

### **Malmesbury Primary School Swimming Policy**

**Date:** September 2026

**Review Date:** September 2028

## **1. Purpose and Rationale**

At Malmesbury Primary School, we recognise swimming as an essential life skill that contributes significantly to children's safety, health, wellbeing and physical development.

Swimming forms an important part of our Physical Education curriculum and provides pupils with the opportunity to develop water confidence, swimming competence and an understanding of water safety.

Our swimming provision supports pupils in achieving the National Curriculum expectation that all children should be able to:

- Swim competently, confidently and proficiently over a distance of at least 25 metres.
- Use a range of strokes effectively.
- Perform safe self-rescue in different water-based situations.

## **2. Aims**

Our swimming programme aims to:

- Develop confidence and enjoyment in the water.
- Improve swimming technique and water competence.
- Promote water safety awareness.
- Enable pupils to meet National Curriculum swimming requirements.
- Provide additional support for pupils who require further development.
- Ensure all swimming activities are delivered safely and inclusively.
- Foster resilience, perseverance and personal achievement.

## **3. Swimming Provision**

Swimming lessons take place at:

Morden Leisure Centre

### **Year 5 Swimming Programme**

All Year 5 pupils participate in an intensive swimming programme consisting of:

- Daily swimming lessons for two consecutive weeks.
- One-hour sessions each day.
- Instruction delivered by qualified swimming instructors at the leisure centre.

## **Year 6 Top-Up Programme**

Pupils in Year 6 who have not yet achieved the National Curriculum expectation of swimming 25 metres confidently and competently may be offered additional top-up swimming sessions.

These sessions aim to:

- Increase confidence in the water.
- Improve stroke technique.
- Develop water safety knowledge.
- Support pupils in reaching the 25-metre government expectation wherever possible.

## **4. Inclusion and Equal Access**

Malmesbury Primary School is committed to ensuring that all pupils can participate fully in swimming lessons.

We will:

- Make reasonable adjustments where appropriate.
- Work closely with parents, carers and the SENDCo to identify individual needs.
- Liaise with swimming instructors regarding adaptations.
- Promote a positive and supportive environment.
- Ensure that no child is excluded unnecessarily from participation.

Where medical conditions or disabilities affect participation, individual risk assessments may be completed.

## **5. Expectations for Participation**

Swimming is a statutory element of the National Curriculum and all pupils are expected to participate unless a medical reason prevents them from doing so.

Parents and carers should provide written confirmation of any medical condition that may affect participation.

Pupils who are unable to swim for medical reasons may still attend where appropriate and participate in alternative learning activities related to swimming and water safety.

## **6. Swimming Kit and Inclusion**

Appropriate swimwear is required to ensure safety and comfort.

Expected kit includes:

- One-piece swimming costume or swimming trunks/shorts suitable for swimming.
- Towel.
- Swimming cap
- Goggles

We recognise that access to kit can present a barrier for some families. The school will work sensitively with parents and carers to support participation wherever possible.

## **7. Health, Safety and Supervision**

The safety of pupils is paramount.

Swimming sessions operate in accordance with:

- National Curriculum requirements.
- School safeguarding procedures.
- Morden Leisure Centre operating procedures.
- Guidance from Swim England and AfPE (Association for Physical Education).

### **Supervision**

Pupils are supervised:

- Walking to and from the swimming pool
- While changing
- During movement around the facility
- Throughout swimming sessions

School staff remain responsible for pupil welfare and behaviour throughout the visit.

Qualified swimming instructors are responsible for the delivery of swimming instruction within the pool.

## **8. Changing Rooms**

Staff recognise the importance of privacy, dignity and safeguarding during changing.

The following arrangements apply:

- Appropriate supervision is provided at all times.
- Staff follow safeguarding and professional conduct guidance.
- Respect for privacy and dignity is maintained.
- Pupils are encouraged to change independently whenever possible.
- Any concerns regarding changing arrangements will be managed in accordance with safeguarding procedures.

## **9. Safeguarding and Physical Contact**

All swimming activities operate in accordance with the school's safeguarding policy.

Physical contact may occasionally be necessary to:

- Support safety.
- Assist learning.
- Provide reassurance.
- Help pupils develop confidence in the water.

Any physical contact will be:

- Appropriate.
- Necessary.
- Professional.
- In the best interests of the child.

Staff and swimming instructors will always follow safeguarding guidance and professional codes of conduct.

## **10. Risk Assessment**

A risk assessment is completed and reviewed regularly for all swimming activities.

Risk assessments consider:

- Travel arrangements.
- Pool environment.
- Changing facilities.
- Supervision ratios.
- Medical needs.
- Emergency procedures.
- Behaviour expectations.

All staff are familiar with relevant risk assessment procedures before visits take place.

## **11. Behaviour Expectations**

Pupils are expected to:

- Follow instructions immediately.
- Behave responsibly and safely.
- Show respect towards staff, instructors and peers.
- Use facilities appropriately.
- Demonstrate good sportsmanship and cooperation.

Unsafe behaviour may result in temporary removal from activities where necessary to maintain safety.

## **12. Assessment and Reporting**

Swimming attainment is monitored and recorded by the PE Lead.

Assessment information includes:

- Ability to swim 25 metres.
- Ability to use a range of strokes effectively.
- Understanding of water safety and self-rescue.

Swimming outcomes are reported through statutory end-of-key-stage returns and school reporting processes.

## **13. Roles and Responsibilities**

### **PE Lead**

Responsible for:

- Monitoring swimming provision.
- Liaising with Morden Leisure Centre.
- Reviewing risk assessments.
- Monitoring attainment data.
- Ensuring compliance with statutory requirements.

### **Class Teachers and Supporting Staff**

Responsible for:

- Supporting supervision.
- Promoting positive behaviour.
- Communicating relevant information.
- Supporting pupil welfare.

### **Swimming Instructors**

Responsible for:

- Delivering high-quality swimming instruction.
- Assessing swimming progress.
- Maintaining safe practice within lessons.

## **14. Review of Policy**

This policy will be reviewed by the PE Lead and Senior Leadership Team to ensure it remains aligned with statutory guidance, school procedures and best practice.

**Next Review Date:** September 2028